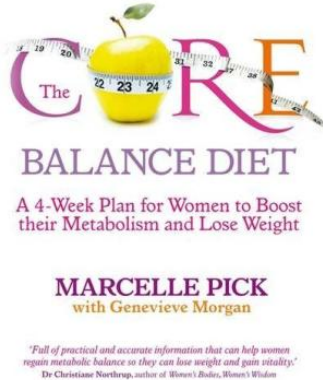


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# THE CORE BALANCE DIET: A 4-WEEK PLAN FOR WOMEN TO BOOST THEIR METABOLISM AND LOSE WEIGHT



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- Authored by Marcelle Pick
- Released at 2011



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