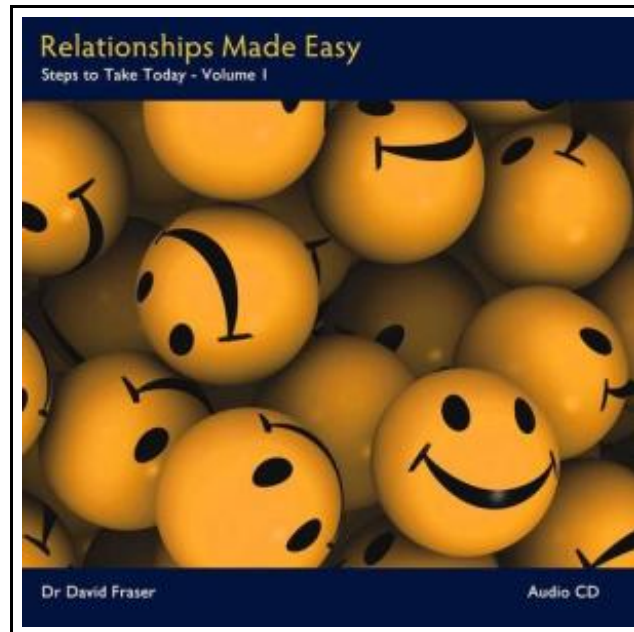


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Hothive Books. CD-Audio. Book Condition: new. BRAND NEW, Relationships Made Easy: Steps to Take Today: Pt. 1, v. 1: Pt. 2, v. 1, David Fraser, This CD provides an introduction to a practical and intelligent formula for relating successfully to other people in any context. With the right approach, developing the skills we use in all our relationships is an easy route to success and one of the few reliable and enduring ways we can improve our lives. Drawing on established approaches and experience of family life, social situations and the workplace at all levels, Relationships Made Easy: Steps to Take Today - Volume 1 focuses on practical steps that anyone can use immediately to improve their relationships and to have the confidence that comes from knowing they have the skills they need. The topics covered are: A formula that works, The essential shift you may never be shown, Attitudes that attract, Countdown to calmness, Overcoming personality clashes, A question that changes everything, How to connect quickly, What to find out and why, Words that may be letting you down, Seeing yourself as others see you, Knowing what you really want, and The essential condition for progress. This CD complements the book Relationships Made Easy: How to get on with the people you need to get on with - and stay friends with everyone else, by the same author. Dr David Fraser is in conversation with writer and broadcaster Bill McFarlan.



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