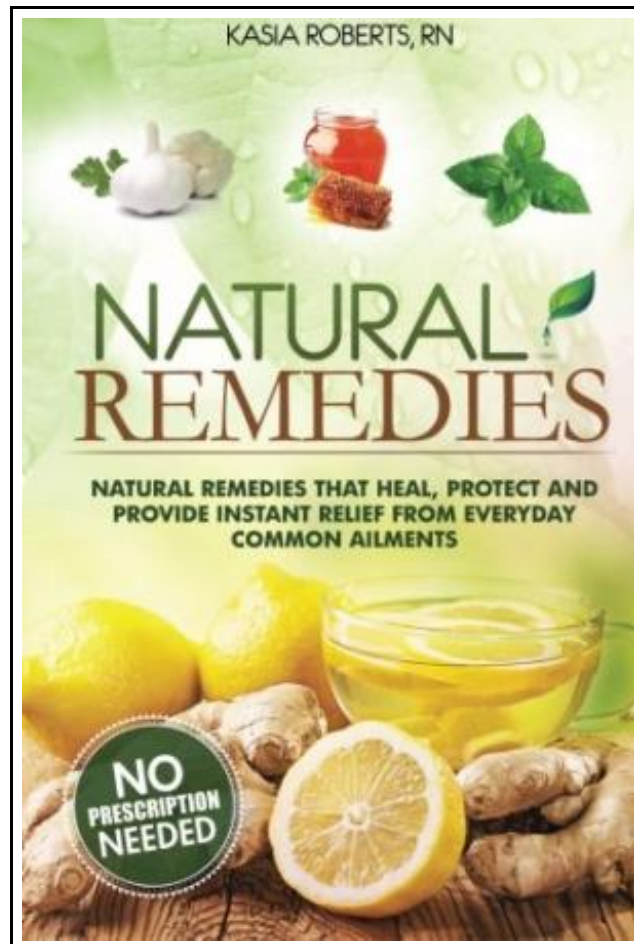


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Createspace Independent Publishing Platform, United States, 2014. Paperback. Book Condition: New. 224 x 147 mm. Language: English . Brand New Book ***** Print on Demand *****.STOP POISONING YOUR BODY WITH MEDICATION! Discover Homemade Natural Remedies that Heal, Protect and Provide Instant Relief from Illness, Infection and Everyday Common Ailments Natural remedies in this book look to soothe common headaches, coughs, colds, toenail fungi, rashes, constipation, depression, anxiety and so many other ailments. Because the ingredients listed in this book are plant-based and natural, they do nothing to irritate or create future problems. In fact, they are generally good for the rest of the body as they enact on the very particular, affected area. Heal your body with fresh, healthy ingredients that work for better over-all health. Something as simple as a flower in the field, a garlic clove, or a bit of honey can stretch a long way in the terms of overall health and wellness! Make the ultimate switch to prevent future problems, eliminate the surge of chemicals in the body, and supercharge the body with health. Live a fulfilled, longer life. Alleviate headaches, arthritis pain and tension with natural techniques, and calm the mind with homemade remedies so you can rest assured that you are doing all you can to take care of your physical and mental health! In this book, you will find natural remedies for: Common, Everyday Ailments such as Headaches, Menstrual Cramps, Heartburn, Yeast Infections, Joint, Tendon, and Ligament Pain Skin and External Body Ailments such as Eczema, Psoriasis, Rash, and Sunburn Gastrointestinal Ailments such as Diarrhea, Nausea, and Constipation Mental and Neurological Ailments such as Insomnia, Anxiety, and Depression Infection Ailments such as Colds, Cough, Sore Throat And Much, Much More! You will also learn how to make your own First Aid Ointments! The...



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