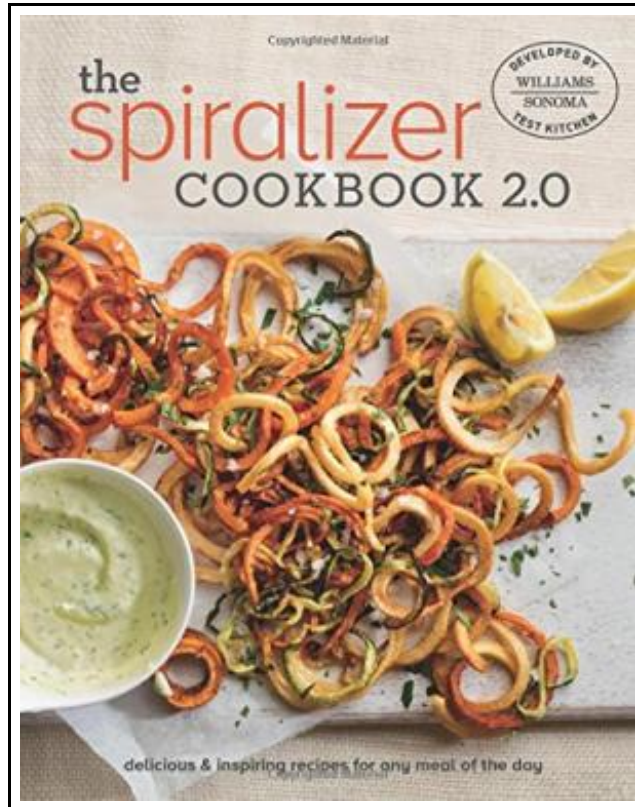


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Weldon Owen, Australia, 2016. Hardback. Book Condition: New. 197 x 171 mm. Language: English . Brand New Book. The Spiralizer Cookbook 2.0 offers a fresh approach to the innovative tool that slices vegetables and fruits into noodles, shoestrings, thin shreds, and waferlike slices in seconds. This compact yet comprehensive guide to spiralizing includes everything you need to know, from how to assemble your spiralizer to understanding its unique blades and over 20 inspiring recipes for every meal of the day. This beautifully photographed handbook provides expert tips on how to use your spiralizer to make more than 20 delicious recipes for inspiring snacks, main dishes, desserts, and more. Find easy-to-follow recipes for Apple Pancakes; Baked Eggs with Zucchini; Shrimp Spring Rolls with Peanut Sauce; Apple-Cabbage Salad with Bacon Candied Walnuts; Chicken Pho with Daikon Radish Noodles; Fresh Parsnip Pasta Primavera; Apple Galette; Curly Fries; Cucumber Gimlet, and much more, all utilizing the spiralizer. With The Spiralizer Cookbook 2.0 you can create delicious, low carb meals, full of fresh vegetables and fruits that everyone will love.



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